



# Green Fields School

## Summer Holiday Homework

### Class VII (Session 2024-25)

#### Theme: SDG-6 (CLEAN WATER AND SANITATION)

This Summer, let's swim towards a future where every drop of water is cherished and every act of cleanliness contributes to the vibrant ecosystem that enrich our lives!

"Happy Summer Holidays! May your days be as bright as the sun and fun as the beach waves."

With the onset of summer holidays, we have designed the holidays homework to not only keep the children engaged, but motivate them to Keep Learning, Stay Happy and focus on their Mental Well-Being.



#### General Instructions for Students.

- Do the following community services during holidays and click pictures (Each One Teach One, Cleaning of Public Area)
- Play indoor games like Ludo, carom board, scrabble, chess etc.
- Help your parents in small household chores like cleaning the cupboards, watering the plants, making the bed, etc. It is an opportunity for you to show your love concern and support to your parents who had been taking care of you during the course of the Academic Year.
- Holiday Home Work should be done as per the instructions given.
- Revise all the concepts done so far.

Subjects	Home Work
<b>English</b> <i>"The English language is a work in progress. Have fun with it."</i> JONATHAN CULVER	<ol style="list-style-type: none"><li>1. Make a poster on the topic- "Save Water ,Save Life !." ( A4 sheet)</li><li>2. Read the book 'We are water protectors by Carole Lindstrom/ 'Big Thirst' by Charles Fishman. Write a Review in about 150-200 words.</li><li>3. Learn a poem of your choice. (Nature, Water)</li><li>4. Write a letter to your grandparents sharing your memorable experiences during vacations.</li><li>5. Learn 2 new words daily from Dictionary and write in a notebook.</li></ol>
<b>Hindi</b> "राष्ट्रभाषा के बिना राष्ट्र गूंगा है" महात्मा गांधी	<ol style="list-style-type: none"><li>1. 'नमामि गंगे' योजना की मुख्य विशेषताएं बताते हुए एक broshar बनाइए।</li><li>2. जल चक्र बनाते हुए पानी की कहानी पढ़िए और जल चक्र का वर्णन कीजिए।</li><li>3. प्रकृति या पानी पर एक कविता कंठस्थ कीजिए।</li></ol>

## Maths

*“The only way to learn Mathematics is to do Mathematics”*  
PAUL HALMOS

1. Record the amount of water you use per day for the following purposes. Record this data daily for one week and present it in a tabular form as shown.

Days	Bathing	Washing clothes	Washing utensils	Watering plants	Total consumption
Monday					

Record this data daily for one week. The data should be recorded in litres. Calculate total consumption in a day. Represent the above data using a bar graph. Also, Calculate the average consumption of water per day.  
2. Complete Mental Maths Pg no.11-20 of Integers, Fraction & Decimals.

## Science

*“The Science of Today is the technology of Tomorrow”*  
ELBERT TELLER

1. Design A Colorful Album of Aquatic Ecosystem.
2. Science in Your Kitchen  
Lemons Can Be Preserved in The Form of Pickles.  
Try Your Granny’s Special Lemon Pickle Recipe. Click Pictures & Share the Recipe by Writing the Chemical Formulae Of At least 5 Ingredients Used.
3. Make A Model on The Following Topics. (By reused materials)  
1. Lung Model (Roll no 1-10)      2. Stomata (Roll no 11-20)  
3. Denture (Roll no 21-30)      4. Waste Water Treatment Plant (Roll no 31-40)
4. Draw well labelled diagram of food Chain, Thermometer, Transfer Of Heat.

## Social Science

*“Man the molecule of society is the subject of Social Science”*  
HENRY CHARLES CAREY

1. Design a SDG-6 Poster with key aspects of clean water and Sanitation
2. Mark the rivers of India on river map.

## Sanskrit

*“प्राता रत्नं प्रातरित्वा दधाति ।”*

1. "जलम् एव जीवनम्" इति विषयम् अधिकृत्य सचित्रम् एकं श्लोकं अथवा पञ्चवाक्यानि लिखत।
2. जलसंरक्षणविषये द्वयोः मित्रयोः मध्ये एकं संवादं लिखत।

## French

*“La vie est belle”- Life is beautiful.*

- Task 1:** Créez une affiche de sensibilisation sur la conservation de l'eau et la protection de l'environnement. (Page A3)  
**Task 2:** Complétez les exercices donnés dans le cahier d'exercices (Leçon 1-3)

## Computer

*“Computer Science is the operating system for all innovations”*  
STEVE BALLMER

Make a PowerPoint presentation on “Water Harvesting, Desalination, Water Efficiency, Wastewater Treatment, Recycling and Reuse Technologies” and stick printout in computer copy.

## Art

*“Creativity takes Courage”* HENRI

Topic: Wall Hanging  
Take three circular cardboards of any size or you can use plastic bottles. Prepare a nice wall hanging and decorate it with shiny things, mirrors, rope, etc.

<p><b><u>Meal planning</u></b>  <i>"When you start planning meals, you start planning a life of wellness"</i></p>	<p>To promote health, it is important to prevent diseases and practice kitchen sanitation. 1. Prepare a meal planning kit (bag) containing:</p> <ul style="list-style-type: none"> <li>○ Apron</li> <li>○ Napkin</li> <li>○ Tissue papers</li> <li>○ Chef Cap ( make your own)</li> </ul>
<p><b><u>Yoga</u></b>  <i>"Yoga is the dance of every cell and music of every breath"</i></p>	<p>1.Practice Anulom vilom pranayam and meditation daily.( 5 minutes )  2.Practice Surya Namaskar daily. ( 5 sets)  3.Make a chart on Yogasans</p>
<p><b><u>General Knowledge</u></b></p>	<p>Read newspaper daily and paste cutouts of important headlines in the scrapbook. Solve Olympiad Question papers shared by the class teacher.</p>

